

Intro

The Dons enter the season ranked eighth in the WCC preseason poll as voted on by the head coaches in the conference, after finishing seventh in the standings last year. San Francisco is led by Head Coach Tanya Haave, who enters her third year with the Dons, after having served as an assistant at Denver, (2005-06), and Colorado, (2001-05), where she helped lead the Buffalos to three straight NCAA Tournament appearances including an "Elite Eight" and "Sweet-16" showing.

San Francisco led the conference in three-point percentage last season, and will return the second best three-point shooter from last year in senior Shay Rollins, who netted 2.59 treys per game. The Dons will feature one of the youngest teams in the league as they lost all but one starter and have only four seniors on the team. San Francisco will be depending on its youth a lot this year as the Dons bring in seven newcomers, two of which are junior college transfers and five that will be true freshmen.

Top Returning Scorers

Shay Rollins	12.7
Necolia Simmons	11.0

Dons Backcourt

San Francisco's backcourt will be led by senior Shay Rollins, a 5-4 guard, who was second on the team in scoring and assists last season, and senior Leslie Walker, 5-10, who earned a starting role with a strong training camp. Rollins, who averaged 12.7 points per game and 2.97 assists per game, scored in double digits in 21 of the 29 games she played last year and will guide the offense as the Dons' top returning guard. San Francisco also welcomes five incoming guards, which include two transfers and three freshmen. Transferring in this season is juniors Danesha Wright, 5-2, who last played for Ohlone Community College and was the league's MVP and First Team All-State. Also joining the frontcourt is junior Nnenna Okereke, a 5-10 guard/forward, who last played at Porterville College, where she averaged an impressive 22 points, 14 rebounds, and five assists per game en route to being named First Team All-Conference and Most Competitive Player. The Dons bring in several accomplished freshmen to the team this year. Vania Singleterry, 5-11, averaged 15.7 ppg and 7.4 apg, for Vista Murrieta HS and was named All-Southwestern League and All-Valley all four seasons as well as All CIF First Team her senior season. Heidi Anton, 5-9, averaged 16.3 ppg and 6.0 apg for Elsie Allen HS. Rheina Ale, 5-8, averaged 16.2 ppg, 8.0 rpg, and 4.0 apg en route to being named Del-Rey MVP.

Dons Frontcourt

San Francisco will be returning 6-0 senior Necolia Simmons, who was voted onto the WCC's Preseason all-conference team by the league head coaches. Simmons led the team in rebounding, averaging 7.3 rpg, and was third on the team in scoring last year (11.0 ppg). Joining Simmons up front will be sophomore Donnisha Taylor, 5-10, who played in 22 games as a freshman and will be looked to for second chance scoring opportunities as she had more offensive rebounds than defensive. Rounding

out the frontcourt returners is Jakkie Boka-Timmerberg, 6-1, who played in 11 games last season. The Dons will be adding a couple new players to the frontcourt in freshmen Katy Keating, 6-0, who led her high school team to four straight league championships and averaged 14.4 ppg, 8.0 rpg, and 4.0 apg, and Kim Crandell, 6-0, who averaged 17.0 ppg, 9.0 rpg, and 2.0 apg her senior year.