



2023-24 Mentoring Program  
Discussion Topics

**October**

- Use this month to set expectations for the season. What are you looking forward to getting out of the program this year?

**November**

- Let's talk gameday nutrition.
- Building relationships and setting expectations with parents.
- Do you know your position responsibilities?
- How are you promoting community engagement among your team?
- Play or drill of the month.

**December**

- Marketing games to increase attendance.
- What is your program doing to assist in the mental well-being of your student-athletes and staff?
- Money saving tips while traveling.
- How are you balancing multiple responsibilities?
- Play or drill of the month.

**January**

- Staying conditioned during long layoffs.
- Being the best resource for your student-athletes.
- It's National Mentoring Month. How are you giving back to our sport?
- Workouts that promote team bonding.
- Play or drill of the month.

**February**

- Planning a Play4Kay game.
- Keeping teams and fans engaged.
- Have you submitted nominations for WBCA awards?
- Checking in with yourself and family.
- How are you building resilience?
- Play or drill of the month.

**March**

- Nurturing a *finish-strong* attitude.
- Best networking tips and strategies.
- Professional development opportunities during the 2024 WBCA Convention.
- Navigating life and career transitions.
- Play or drill of the month.

## **April**

- What does your season-end review look like among staff and student-athletes?
- How are you assisting student-athletes with what's next?
- The season is over ... now what?
- Summer break ideas.
- Rebuilding your staff after transition.